

## Inspecting Our Foundations

### Ontario Couples Seminar #1

Text: I Cor. 3:11-13

#### I. Is your foundation firmly on the Rock? John 3:3

Have you been born again, or did you only change religions?

#### II. Do you have broken/weak places in your foundation? Eph.4:27

- A. Involvement with Satan's power (homeopathic meds, reflexology, iridology, muscle testing, water witching, 5<sup>th</sup>&6<sup>th</sup> books of Moses, divination, horoscope/zodiac, rock music, Harry Potter & similar books/videos, etc.)

Have you renounced all involvement with Satan's power & destroyed all evil items? To renounce – Dict. "to formally declare one's abandonment of"

- B. Rebellion – "is as the sin of witchcraft" I Sam.15:23

Have you renounced and repented of all rebellion against authority, and as far as possible made it right?

- C. Unresolved bad/sinful experiences in childhood or youth, where you were either the abuser or the abused. These can cripple you spiritually, emotionally, sexually.

Verbal abuse - "You will never succeed in life!" "Why can't you be like your brother/sister?" (Jesus was made a curse to break all our curses- Gal.3:13)

Sexual abuse – fondling, rape (sometimes by those who should be your protectors. This produces major distrust/feelings of worthlessness. Eph.1:5-6

Sexual sins – masturbation, porn, fornication, abortion, homosexuality, beastiality, etc. I Cor.6:9-11

If so, have you repented of your involvement and forgiven any offenders, found forgiveness, peace, victory, and freedom?

Are you still troubled by fears, bondages, memories that inhibit you from being all you should be for Christ and your spouse and family? Share deeply with your spouse about your past, let him/her pray for you and affirm his/her love for you.

- D. Unresolved sin in your own relationship as a couple

Did you and your spouse keep yourselves pure before marriage? If not, have you asked God for forgiveness? Have you asked each other for forgiveness?

### III. Use strong building blocks

#### A. Godly habits

Do you have a daily personal quiet time with the Lord?

Do you have family worship each day, when you are at home?

Are you serious in church attendance?

#### B. Total Surrender to Christ (like signing a blank check) – Rom.12:1

#### C. Kingdom Goals

What am I/are we living for? Jesus' goals or worldly goals?

David – “Is there not a cause?”

What is your vision? Pro.29:18 “Where there is no vision...”

What are you as a team trying to accomplish for Christ and His Kingdom (both within your family, and beyond your family)?

Healthy marriages work together for a common goal.

When we lack fulfillment, we grasp for satisfaction: perfect house (inside, outside), hobbies, collections, sex (should be icing on cake, not main course!)

Remember J-O-Y?

#### Questions:

1. Do I/we have the seal of God's Spirit that we are born again?
2. Do I/we need to do any repenting/confessing/forgiving about baggage in our past?
3. Have I/Am I totally surrendered to Jesus Christ, no matter what that means?
4. Do I/we have good personal/family habits to make a strong, biblical foundation? Are we consistent in those things?
5. What goals do we have as a couple for Christ and His Kingdom?